

Jiu Jitsu Gi Size Chart

Size	Height (ft/in)	Weight (lbs)	Notes
A0	5'0" - 5'4"	95 - 115	Petite or smaller athletes
A1	5'4" - 5'8"	115 - 145	Lightweight and average height
A2	5'8" - 6'0"	145 - 175	Most common size for average build
A3	6'0" - 6'3"	175 - 200	Taller and more muscular athletes
A4	6'2" - 6'4"	200 - 250	Heavier build, strong upper body
A5	6'4" - 6'6"	250 - 275	Very tall or heavy athletes
F1	5'0" - 5'4"	90 - 115	Women's cut, smaller frame
F2	5'3" - 5'7"	115 - 140	Women's cut, average build
F3	5'6" - 5'9"	140 - 165	Women's cut, muscular build
M0-M4	Varies	Varies	Youth sizes based on age and build

Use this size chart as a guide when choosing your Jiu Jitsu Gi. Always refer to the specific brand's chart if available, as sizing may vary slightly between manufacturers.